



ACTO

Instituto de Arte Dramática

The Paths of Memory
Workshop/Seminar

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Summary Description

An essentially practical formation unit that sits on a creative process based upon the individual memory. Its objective is to touch, awaken and explore the creative possibilities of the participants in the midst of a group structure.

As an experimental process the working plan withholds the required flexibility, adjusting itself to the subjective conditions defined by each group of students. About its formation and sensitization sides, the emphasis is placed on the objective rules and the technical aspects of the acting process through practical exercises, and could culminate in a preliminary study of a sequence resulting from the interaction of memory fragments proposed by the participants

This model of artistic initiation has been put to practice during some years now by the team of monitors and investigators of this Institute, and has shown very positive results coming from various sectors of the public.

Objective and Program

Objective: Through a process based on individual memory, sensitize, awaken and explore the individual creative possibilities in the midst of the group.

Program: Formation unit essentially practical, that sits on a creative process; the explanations and methodological and theoretical references are pointed out along the process.

Principal aspects of the process:

- Relationship space / body; body / memory;
- The body; space of memory;
- Concept of vocal action (sound, text, singing);
- Approach to the methodology of the physical actions;
- Interaction.

Outstanding technical aspects:

- Relationship precision / organicity;
- Rhythm and tempo-rhythm;
- Awareness of space and of its constituent elements;
- Proxemic aspects: the space as a place of relation;
- Inter-individual contact;
- Motivation;
- Energy flux;
- Motor organicity;
- Balance;
- Spatial and body resonance;
- Vocal expression;
- "Image" and "Psicophysical Association".

Conditions for the Production

Time-table:

12 hours divided in three sessions

for ex:

on Saturday, from 15h to 19h and from 21h to 24h
on Sunday, from 15h to 20h

or

four sessions of 3 hours each, between Monday and
Thursday, for ex.

N° of participants:


8 to 14 (minimum age required - 16 years old)

Work Place:

space with a good acoustics, wood floor

Financial conditions:

Fee of 1.500 Euro;
Travel, lodgement and meals for 2 formers.



“alargar o espaço de liberdade de que somos portadores...”